

# Attn: Health and PE / Sport Coordinator



## 2017 South Australian Health & Physical Education Conference



Immanuel College  
27 - 28 April 2017



### Conference Program

Coordinated by ACHPER (SA) -  
The Australian Council for Health, Physical Education and Recreation,  
SA Branch Inc.

Promoting Active and Healthy Living

Supported by:



# Invitation



You are invited to attend the ACHPER South Australian Health & Physical Education Conference to be held in Adelaide on 27 - 28 April 2017. This conference, set to attract over 250 delegates and with 60 sessions is one of the largest professional learning opportunities of its kind in South Australia. The conference will be professionally stimulating, enjoyable and supportive of those who work in education and community settings. The program provides a range of sessions that are of importance to Health Education, Physical Education, Dance, Sport educators as well as classroom teachers, recreation, sport and health professionals, sport coaches and school counsellors.

ACHPER (SA) has encouraged presenters to provide innovative, practical and inspiring contributions that will enthuse you in your work with children and students. This Dynamic Conference features 4 keynote speakers, who will also present workshop sessions.

Your colleagues at ACHPER (SA) commend this conference to you and encourage you to also consider the many benefits of ACHPER membership. We look forward to seeing you at Immanuel College in Adelaide on 27 - 28 April for this high quality professional learning event.

## ACHPER (SA) Partners

The Conference has been supported by our partners:

- Credit Union SA
- Footsteps Dance Company
- IDM Sports
- TriSkills Australia, and
- Mount Lofty Spring Water

## Conference Trade Exhibitors (as at 22 March 2017)

- |                           |                           |  |
|---------------------------|---------------------------|--|
| • Buller Holidays         | • IDM Sports              | • Stay Active Children's Sports Programs |
| • Credit Union SA         | • Little Athletics SA     | • Tennis Australia                       |
| • Engage Sports           | • MissFIT Movement        | • TriSkills Australia                    |
| • Footsteps Dance Company | • Netball South Australia | • WorldStrides                           |
| • Golf South Australia    |                           |  |

For further information on our sponsors, supporters and partners, please see the final page of this program or visit: [www.achpersa.com.au](http://www.achpersa.com.au)

## Acknowledgment and Thanks

ACHPER (SA) appreciates the support of a number of key ACHPER members who have assisted with the development of this conference program.

ACHPER (SA) thanks and wishes to acknowledge over 60 presenters who have generously supported this conference and assist the promotion of active and healthy living in South Australia. We thank these contributors for sharing their practice and helping to ensure a stimulating and innovative program.

**Please promote this conference to your colleagues - we value your support of this event.**

## Comments from 2016 Conference attendees

- “The conference has enabled me to connect with information and people that will assist the growth of H&PE in my school. I now feel confident with the direction I have started and supported with future initiatives. THANK YOU FOR INSPIRING ME when I was feeling like a lone wolf on a mission.”
- “The physical activities were simply awesome. I have filled my kit bag with games and activities.”
- “Always great to meet colleagues and see, be involved, and try either old or new learning opportunities.”
- “Not having attended an ACHPER event for a while this conference has again developed impetus for more whole school activities to be tackled as it has reinforced that I have an obligation, and the interest, to do so. It has given me further insight into current trends and thoughts while confirming that my work is credible.”
- “These conferences always give great practical ideas that can be used straight away in the classroom”

[Click here](#) to check out footage from the 2016 Conference

## Keynote Speakers

ACHPER (SA) welcomes and thanks the following highly regarded leading educators as our 2017 keynote speakers. We appreciate their support and active participation to offer two follow up workshops at our conference.



### **Maree Dinan Thompson, Associate Professor in HPE Curriculum and Dean for Learning, Teaching and Student Engagement, James Cook University (Australia) (Thursday)**

Maree Dinan-Thompson is Associate Professor in HPE Curriculum, and currently Dean (Acting) for Learning, Teaching and Student Engagement, at James Cook University. Maree's teaching and research has focused on HPE curriculum, construction and implementation issues, and more recently assessment. Her recent research on assessment in PE has called for in-depth studies including student and teacher voice to build assessment literacy capacities. Maree has also acted in advisory and expert writing roles for ACARA and the Queensland Curriculum and Assessment Authority (QCAA).

### **Mitchell Hewitt, National Education Project Manager, Tennis Australia (Thursday)**

Mitchell Hewitt is the National Education Project Manager for Tennis Australia. He has a Bachelor of Applied Science (Human Movement) (Hons), Grad Dip Ed (Teaching), Masters in Education and has a PhD in pedagogy (teaching styles and coaching methodology). Mitchell has over 20 years tennis coaching experience and has been a primary and secondary physical education teacher. A highly regarded and renowned presenter, we look forward to Mitchell's insightful approaches to teaching and coaching and value his active involvement with the Conference.





## Keynote Speakers

### **Dawn Penney, Research Fellow, Edith Cowan University (Friday)**



Dawn Penney is a Professorial Research Fellow at Edith Cowan University, Australia, an Adjunct Professor at Monash University, and a member of the ACHPER National Board. Dawn's research focuses on contemporary developments in policy, curriculum and assessment relating to Health and Physical Education and sport in schools and aims to bring equity issues to the fore of political and professional debates. She is a passionate teacher educator and researcher who has worked with curriculum authorities and sport organisations nationally and internationally in curriculum developments and initiatives designed to support the provision of quality physical education. Dawn's publications include *Politics, policy and practice in Physical Education (1999)*; *Gender and Physical Education: Contemporary issues and future directions (2002)*; *Sport Education in Physical Education: Research Based Practice (2005)*; *Assessment in Physical Education: A sociocultural perspective (2013)* and *School health education in changing times. Curriculum, pedagogies and partnerships (2016)*.

### **Dr Louise McCuaig, Senior Lecturer Health and Physical Education, The University of Queensland (Friday)**

Dr Louise McCuaig is Senior Lecturer Health and Physical Education (HPE) and Teaching and Learning Chair at the School of Human Movement & Nutrition Science, The University of Queensland. Louise's teaching and research addresses the curriculum, pedagogical and assessment practices of school based health education, and the impact of teacher education, caring teachers and health literacy curricula on young people's healthy living practices. Louise's research relating to health literacy and salutogenic models of health and wellbeing contributed to the development of two foundational propositions underpinning the Australian Curriculum: Health and Physical Education.



## Invited Interstate Presenters

ACHPER (SA) welcomes Andy Hair from the University of Canberra, Bernie Holland - ACHPER Victoria, Ash Dashlouty - ACHPER Western Australia, Ben Williams - Griffith University/ACHPER Queensland and Glenn Amezdroz - Queensland Curriculum and Assessment Authority who have supported our Conference and will significantly contribute to our diverse program.

## Other presenters

ACHPER (SA) thanks all of our presenters for their time and efforts to share their professional practice with their peers. The strength of this year's program reflects the highly professional approach to teaching and learning of our local South Australian educators.

We are thankful to access such innovative and enthusiastic presenters to stimulate our annual Conference.



## Category Information

The conference elective sessions program (sessions 1 to 6) are listed in the following pages of this conference program. A summary of these is indicated by session number, below in categories to assist identification of relevant sessions. Please ensure your preferences for each session are recorded on your registration form.

### KEY:

EY = Early Years  
PY = Primary Years  
MY = Middle Years

S = Senior Years  
C = Classroom Teachers  
W = Wellbeing

SC = Sport Coaches

### Early Years (EY)

1.1, 1.2, 1.3, 1.6, 1.9, 1.10  
2.1, 2.3, 2.6  
3.3, 3.5, 3.6, 3.8, 3.9  
4.2, 4.4, 4.7  
5.2, 5.3, 5.4, 5.5, 5.8  
6.3, 6.4, 6.6

### Primary Years (PY)

1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.9, 1.10  
2.1, 2.3, 2.4, 2.6, 2.7  
3.3, 3.5, 3.6, 3.7, 3.8, 3.9, 3.10  
4.2, 4.3, 4.4, 4.6, 4.7, 4.10  
5.2, 5.3, 5.4, 5.5, 5.6, 5.7, 5.10  
6.2, 6.3, 6.5, 6.6, 6.7, 6.8, 6.9

### Middle Years (MY)

1.1, 1.3, 1.4, 1.5, 1.6, 1.7, 1.9,  
2.1, 2.2, 2.3, 2.4, 2.5, 2.7, 2.8, 2.9, 2.10  
3.1, 3.2, 3.3, 3.5, 3.6, 3.7, 3.9, 3.10  
4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.8, 4.9, 4.10  
5.1, 5.2, 5.3, 5.4, 5.5, 5.6, 5.7, 5.10  
6.1, 6.2, 6.3, 6.5, 6.6, 6.7, 6.8, 6.9

### Senior Years (SY)

1.2, 1.4, 1.5, 1.8, 1.9,  
2.2, 2.5, 2.7, 2.8, 2.9, 2.10  
3.1, 3.2, 3.4, 3.7, 3.10  
4.1, 4.3, 4.4, 4.5, 4.8, 4.9  
5.1, 5.3, 5.4, 5.5, 5.6, 5.7, 5.9  
6.2, 6.5, 6.6, 6.7, 6.9

### Classroom Teachers (C)

1.2, 1.3, 1.6  
2.1, 2.3, 2.6  
3.3, 3.5, 3.8  
4.3, 4.4, 4.7  
5.3, 5.6, 5.8  
6.3, 6.4, 6.5

### Wellbeing (W)

1.4, 1.9  
2.3, 2.5  
3.6  
4.1, 4.9  
5.2,  
6.2

### Sport Coaches (SC)

1.3, 1.9, 1.10  
2.1, 2.4, 2.6, 2.8  
3.1, 3.2, 3.5, 3.7, 3.9, 3.10  
4.3, 4.4, 4.6, 4.10  
5.4, 5.3, 5.6, 5.10  
6.1, 6.2, 6.4, 6.6, 6.8



# Conference Program - Thursday 27 April



Registration/Trade Exhibits - 8.15am - 8.50am

Conference Opening & Keynote Presentations - 8.50am - 10.30am

**We value what we measure....We measure what we value.... Do we assess learning in, through and about movement?**

*Maree Dinan-Thompson, Associate Professor in HPE Curriculum and Dean for Learning, Teaching and Student Engagement, James Cook University (Australia)*

Assessment in physical education is complex and sometimes controversial. Assessment defines the valued knowledge, understanding and skills that students are to experience and achieve to a recognised standard. Notions of 'low stakes' and 'high stakes' assessment will also influence the valuing and explicitness of assessment in physical education. This keynote presentation explores the proposition of 'Valuing Movement' calls for teachers to consider Arnold's (1979) seminal concepts of learning in, through and about movement and physical activity. These are not positioned as separate concepts and learning but rather that the interrelationship of all three leads to deep learning. In the proposition there is the acknowledgement that an individual's broad knowledge base informs both 'how and why we move' and that 'we can improve' (ACARA, 2015, p. 6) in movement and physical activities.

This presentation raises issues about legitimated knowledge, understanding and skills in physical education assessment and, impact for student learning.

**Planning for diversity through inclusive practices: Using a constraints-led perspective and Mosston and Ashworth's Spectrum of Teaching Styles to design a HPE program with educative purpose**

*Mitchell Hewitt, National Education Project Manager, Tennis Australia*

A strengths-based approach includes the customisation of instruction to the learning readiness of students by integrating teaching practices that are responsive to the diverse needs and capabilities of large groups. A constraints-led perspective and The Spectrum of Teaching Styles provide opportunities for differentiated learning and the development of movement techniques in a Game Sense approach with educative purpose. These pedagogies will be highlighted through the construction of Tennis Australia's Tennis for Schools program.

Morning Tea - 10.30am - 11.00am

Session 1 - 11.00am - 12.30pm

**1.1 PE Assessment in Primary School - workshopping evidence to value movement (EY, PY, MY)**

This workshop intends to discuss and share concepts of learning in-through-about movement and their representations in the collection of evidence on student learning and achievement in PE. Primary school examples will be explored and analysed to raise areas for discussion and attention. Participants are encouraged to bring samples of primary PE assessment tasks for peer review, celebration and reflection.

*Maree Dinan Thompson, James Cook University*

**1.2 Assessment of FMS in the AC:HPE (EY, PY, SC, C)**

A practical session where you are given the opportunity to design learning through games and assess a range of explosive and continuous Fundamental Movement Skills (FMS) using the ACHPER (SA) Play with Purpose: FMS resource. *Practical*

*Rick Baldock, ACHPER (SA)*

# Conference Program - Thursday 27 April

## 1.3 Constraints in Changing Games (EY, PY, MY, SC, C)

Learn how to vary lead up games to make them easier or more challenging for your students. Using Newell's Constraints model you will develop and have time to explore how to best change the constraints of a game to meet your lesson learning intentions. *Practical*

*Bernie Holland, ACHPER Victoria*

## 1.4 Positive Pedagogy - Implementing Positive Psychology and Visible Learning Strategies (PY, MY, SY, W)

Martin Seligman's theories on Positive Psychology and John Hattie's principles of Visible Learning form the foundation of Positive Pedagogy's teaching and learning strategies. When the two theories are blended there is a synergy developed between learning and wellbeing. Best of all, with some guidance and assistance, Positive Pedagogy strategies can be implemented on a daily basis for teachers to use for the remainder of their careers. This session will have a lasting affect on the classroom pedagogy of teachers, and real impact on the learning and wellbeing of students. *Commercial*

*David Threadgold, Positive Pedagogy*

## 1.5 Choreography in the Dance, Health and Physical Education Curriculums (PY, MY, SY)

We will explore multiple choreographic tasks which are all inclusive of the Dance, Health and Physical Education curriculums. From 'Sports in Dance' to 'Cyberbullying' to 'Anti-violence', you will create meaningful dances whilst exploring content from across the curriculums. *Practical*

*Jenna English & India Lennerth, Parafield Gardens High School*

## 1.6 Power Up PE with Learning intentions (EY, PY, MY, C)

Andy Hair Powers Up his Physical Education Classes with Learning Intentions straight for his students. In this session be energized with his style of 'Unpacking' using a variety of individual, small sided and large group games to help entrench the Learning Intentions. See how Andy linked classes with Andy Vasily (International PE Sensation) and allowed students to drive the momentum to build individualised learning.

*Andy Hair, University of Canberra*

## 1.7 Middle Years Touch (8-10) (MY)

This practical session will provide teachers and coaches with the opportunity to develop a range of skills, knowledge and activities to assist them in teaching Touch in the middle years. The practical session will offer support materials and a range of activities to develop passing, catching, evasion, basic attacking and defending strategies. If you attended the Stage 1 and 2 Touch session at the December ACHPER conference and are now looking for a place to start in the middle years, you are encouraged to attend this session. *Practical*

*Janelle Morrissey, Marryatville High School*

## 1.8 Applying Technology to Senior Health & Physical Education Curriculum (SY)

Stage 1 & 2 Physical Education is largely focused on analysing data and linking this to the theory content. This session will provide some practical ideas on how Heart Rate and GPS data can be used in practical lessons to help understand the theoretical content. *Practical*

*Damien Hutchings, Pedare Christian College*





## **1.9 Health and Phys Ed is not just the PE Teachers Role** (EY, PY, MY, SY, SC, W)

The well-being responsibilities of a school are often expected to be managed by the PE and Health teacher. This session will explore systemic tools to help delegate the responsibility to all staff when looking at improving health outcomes in a sustainable form. *Commercial*

*Sean Watt, Sean Watt Consulting*

## **1.10 New Junior Formats - Ticking All The Boxes** (EY, PY, SC)

SACA in conjunction with Cricket Australia are in the process of rolling out Junior Formats Review Recommendations. Pilot programs across Australia throughout 2016/17 have been a runaway success with less wides and no balls equating to more runs, more wickets, more fielding engagement and a whole lot of fun. Come and learn about what the new junior formats are, how your school can benefit from them and even have the chance to try them for yourself with a mix of theory and practical. *Practical*

*Tom Rutherford & Scott Houston, SACA*

Lunch 12.30pm - 1.15pm

## **Session 2 - 1.15pm - 2.45pm**

### **2.1 Applying a constraints-led perspective and Mosston and Ashworth's Spectrum of Teaching Styles for the development of movement techniques in a Game Sense approach for Primary students** (EY, PY, MY, SC, C)

This practical workshop will apply a constraints-led perspective and The Spectrum to explore differentiated learning and the development of movement techniques in a Game Sense approach with educative purpose. The implications of these pedagogies will be informed by a variety of tennis activities from Tennis Australia's Tennis for Primary School program. *Practical*

*Mitch Hewitt, Tennis Australia*

### **2.2 PE Assessment in Secondary School – workshopping evidence to value movement** (MY, SY)

This workshop intends to discuss and share concepts of learning in-through-about movement and their representations in collection of evidence on student learning and achievement in PE. Secondary school examples will be explored and analysed to raise areas for discussion and attention. Participants are encouraged to bring samples of secondary PE assessment tasks for peer review, celebration and reflection.

*Maree Dinan Thompson, James Cook University*

### **2.3 Promoting Physical Activity in your Primary School** (EY, PY, MY, W, C)

This evidenced based workshop will focus on how you can build a school culture where health, physical education and physical activity is valued and understood for its contribution to student engagement, wellbeing and achievement. Develop an understanding of how you can: Audit your school's physical activity profile, Connect the relationship between health, physical education and physical activity and overall achievement and Incorporate physical activity across the curriculum. *Practical*

*Bernie Holland, ACHPER Victoria*



# Conference Program - Thursday 27 April

## 2.4 Introducing volleyball to novice players using a game-based approach (PY, MY, SC)

This workshop will demonstrate the principles of representative game design and constraints-led game modifications to introduce volleyball through a game-based Game Sense approach. The workshop will target AC:HPE Achievement Standards for Years 4-8; using the refinement of fundamental movement skills and applying movement concepts and strategies to solve movement challenges (Year 4) through to the performance (Year 6) with control (Year 8) of specialised movement skills and sequences. *Practical*

*Shane Pill, Flinders University*

## 2.5 21st Century Learning in the health classroom (MY, SY, W)

A number of fun, practical and engaging ways to incorporate ICT and 21st Century technologies into the health classroom. Participants should bring a smart device or laptop with them to the session.

*Graeme Hudson, Marden Senior College*

## 2.6 Practical and Purposeful (EY, PY, SC, C)

Not enough time to teach personal and social skills, physical activity, literacy and numeracy and everything else as a classroom teacher in a day? This session will give you ideas how you can encourage classroom teachers at your school to teach personal and social skills whilst playing an engaging short game every day and reinforce those messages that make life as a student and teacher so much easier every single day. *Practical*

*Nick Warren, Grange Primary School*

## 2.7 Pedagogy GO: Enhancing educational experiences with location-based mobile learning games (PY, MY, SY)

Nobody knows more about education techniques involving outdoor activity and maps than Health and PE teachers. So, in an age where we are learning more on smart mobile devices it's important to make full use of the capabilities of these devices. This workshop will show you ways to put mobile, location and mapping technology together with rich media, geo-location, gamification and storytelling together to deliver an interactive and exciting new way for teaching and learning in health and PE while also developing the ICT capability of students. You will start inside the conference venue then go outside in small groups to play a place-based mobile game on your mobile device then return to learn more on how to assemble and publish one of your own. Participants should have the Mobile Learning Academy app (iPhone or Android) installed on their mobile device before the workshop. *Practical*

*Roger Edmonds, University SA*

## 2.8 Olympic Team Handball (MY, SY, SC)

This session will cover the basics of handball, an Olympic sport. The session aims to cover Individual as well as team defensive and offensive techniques and strategies, to a stage 2 physical educational level but inclusive of all year levels. Included will be ideas for skill enhancement and modification and adapting for limited space settings. Big game in small space methodology. *Practical*

*Glen Urbani, Rostrevor College*

## 2.9 Technology Integration in Phys Ed (MY, SY)

How are you using and integrating technology in Physical Education? Come along and share in some relevant ways in which technology is being integrated into our subject and how the students are enhancing their engagement, analysis, collaboration, understanding and educational outcomes. Beginners are more than welcome!

*David deLacy, Saint Ignatius Collage*





## **2.10 Effective strategies for teaching year 12 Physical Education (SY)**

Come and hear from experienced teachers for some valuable advice and to learn about great support materials for your teaching of Year 12 Physical Education. A great chance to share best practice and network with other year 12 teachers. The session will focus on Effective Folio Task Design and exam preparation- breaking down previous exam questions. Please note this is a repeat of two sections from the highly successful February 2017 year 12 PE teachers seminar run by ACHPER (SA).

*Dave Serotzki & Kain Noack, Concordia College & Saint Ignatius College*

Afternoon Tea - 2.45pm - 3.15pm

## **Session 3 - 3.15pm - 4.45pm**

### **3.1 Tennis for Secondary Schools: Exploring the alignment with the AC:HPE (MY, SY, SC)**

This practical workshop will present a variety of play practices from Tennis Australia's Tennis for Secondary Schools program and their alignment with the achievement standards and learning intentions outlined in the AC:HPE. *Practical*

*Mitch Hewitt, Tennis Australia*

### **3.2 Using feedback to improve performance (MY, SY, SC)**

In this session we will use apps such as Hudl Technique and Burst Mode to analyse a technique and to use feedback to improve performance. The activity will be based on suggestions from Shane Pill's book "Learning In, Through and About Movement in Secondary PE" *Practical*

*Craig Johncock, St John's Grammar*

### **3.3 Valuing Movement in your Primary School (EY, PY, MY, C)**

How do you work with key decision makers (leaders, teachers, parents and students) in your school to value movement? Raising the profile of physical education, developing common agreements with staff to ensure a quality health and physical education program is delivered at your site. The focus of this presentation will be on integrating Teaching Personal and Social Responsibility (TPSR) throughout the school and how we can use a student centred approach such as the 'Games Sense Approach' to enhance student learning.

*Kylie Newbold & Rick Baldock, Parkside PS & ACHPER (SA)*

### **3.4 Are we delivering the most relevant skill acquisition content in senior secondary physical education courses? (SY)**

Skill acquisition is grounded in motor learning theory. However, for many years, senior secondary skill acquisition PE courses have focused on motor learning from one key theory; cognitive theory. It is argued that other learning theories also be presented in an effort to provide a better understanding of the complexities involved in the acquisition of motor skills and supports modern pedagogical approaches applied by PE practitioners.

*Kain Noack, Saint Ignatius College*

### **3.5 Game Sense through the Inquiry Model- "Just ask a Question!" (EY, PY, MY, SC, C)**

Plant a seed and watch it grow! Ask a question and see how your students answer it through movement. Game Sense can be taught in many ways. Andy will share with you the success he has had in teaching Game Sense through the Inquiry Model. He will show you how a crafting guiding question not only create independence but also builds confidence and creativity. Andy will take you through his famous "Dude Perfect" Unit of work, which has been used throughout the world over the past year.

*Andy Hair, University of Canberra*

## Conference Program Thursday 27 April

### **3.6 Wellbeing and movement: how exercise can improve mindfulness and encourage a positive mindset** (EY, PY, MY, W)

This practical session focuses on delivering movement sessions aligning with the Australian Curriculum AC:HPE. The workshop covers two varied programs, from aerobics, to yoga and links with wellbeing and Positive Education by combining mindfulness throughout the movements. The session is designed so that you will gain an idea of the mind/body benefits of being mindful through movement, and see the positives it will mean for children in your class. *Practical & Commercial*

*Sara Pettet, MissFit Movement*

### **3.7 Mygolf for Schools** (PY, MY, SY, SC)

Mygolf is the National Skill Development Program for Schools and Clubs offered by Golf Australia the peak body for golf. Golf is a partner in the National Sporting Schools program. This program offers support for schools with equipment and manuals available for schools. Please join in our practical give golf a go session at the 2017 ACHPER conference. *Practical*

*Allan Telford, Golf SA*

### **3.8 Let's Get moving** (EY, PY, C)

Let's Get moving - Sick of the same old warm up games / activities? Come along and play / learn some new games and activities to use in your program that are designed to get kids moving. Focus areas will include - FMS activities, Invasion, Target, Cooperative and chasey games as well as fitness station ideas. *Practical*

*Kirsty Crouch, Immanuel Primary School*

### **3.9 Practical football activities & skill development** (EY, PY, MY, SC)

The program activities will be delivered from the resource provided to participants, therefore the session will enable teachers to be skilled in delivering practical football programs and developing football skills throughout their school to various age groups from years R - 9. *Practical*

*Nick Harnas, SANFL*

### **3.10 Wearable heart rate technology for PE Teachers. A world first Physical Literacy Ecosystem** (PY, MY, SY, SC)

A world first ecosystem for PE teachers and their classes. PE 21 brings the Adidas Zone and IHT to Australia. More than 20,000 students per week are now using it after 3 weeks of term 1 2017. The future of Physical Literacy has landed. Now you can measure, track and assess every student in every lesson. *Commercial*

*Shane Stubbs, PE 21, [www.pe21.com.au](http://www.pe21.com.au)*

## Conference Celebration - 4.45pm - 7.00pm

Join us for a conference celebration included in your conference fee, this networking event will feature quality food and drinks, and a great chance to catch up with old friends and make new contacts. Stay for 15 minutes for a drink and a healthy nibble or you are welcome to stay longer and join us for dinner! If you can attend please complete the tick box on page 12.



# 2017 Registration Form

## ACHPER (SA) Health & Physical Education Conference

27 - 28 April 2017, Immanuel College

**Please note:** Registrations will not be accepted unless preferred workshops have been selected. **Please submit this form and an invoice will be sent upon receipt of this registration.**

Register online at [www.achpersa.com.au](http://www.achpersa.com.au) (preferred method) OR

Complete the form below and return to ACHPER (SA) via fax on (08) 8362 9800 or mail to 4/2-6 Chapel Street, Norwood SA 5067.

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

School/Organisation: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: (required) \_\_\_\_\_

Please list any special requirements (e.g. dietary) \_\_\_\_\_

## Registration Fees

Please tick the registration type below (inclusive of GST, lunch, refreshments, conference celebration and handouts)

	1 day	1 day plus membership	2 day
<b>ACHPER Member</b>	<input type="checkbox"/> \$170		<input type="checkbox"/> \$320
<b>Non-Member</b>	<input type="checkbox"/> \$240		<input type="checkbox"/> \$420
<b>Non-Member</b> (Includes ACHPER membership)	<input type="checkbox"/> \$370		<input type="checkbox"/> \$450
<b>Graduate Teacher Member</b> (1st or 2nd year out teachers)	<input type="checkbox"/> \$150		<input type="checkbox"/> \$270
<b>Graduate Teacher Non-Member</b> (1st or 2nd year out teachers)	<input type="checkbox"/> \$190	<input type="checkbox"/> \$280	<input type="checkbox"/> \$375 (Includes ACHPER membership)
<b>Student</b>	<input type="checkbox"/> \$60	<input type="checkbox"/> \$110	<input type="checkbox"/> \$120 (Includes ACHPER membership)
<b>Conference T - Shirt* Member</b>	<input type="checkbox"/> \$45	Ladies sizes 6-26 :	Mens S - XXXL :
<b>Conference T - Shirt* Non-Member</b>	<input type="checkbox"/> \$50	Ladies sizes 6-26 :	Mens S - XXXL :

\* T-shirts will be ordered and available for collection at the conference upon registration.

## Discount Offers

### Discount Offer 1

If you have attended the ACHPER (SA) HPE Conference in April for the previous three consecutive years you are eligible to receive a special discount of \$10 per day. Thank you for your continued support.

### Discount Offer 2 - Name of the Colleague attending: \_\_\_\_\_

For every colleague you recommend to attend the Conference and registers (who has not been to an ACHPER Conference in the past 5 years) you will receive a \$50 discount. You must provide us with the name of the colleague attending.

## Cancellation Policy

Cancellations must be received in writing and will incur a \$100 administration fee for cancellations before Wednesday, 19 April 2017. Cancellations received after this date will unfortunately not receive a refund.



## Conference Sessions

Delegate Name: \_\_\_\_\_

Registrations will not be accepted if first and second choices are not made. Please note sessions are subject to change due to cancellation of speakers or maximum or insufficient numbers. In the space provided please write your first and second preference for each session. Some sessions involve physical activity so comfortable clothing should be worn.

### Thursday 27 April

11.00am - 12.30pm	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	1.10	_____	_____
1.15pm - 2.45pm	2.1	2.2	2.3	2.4	2.5	2.6	2.7	2.8	2.9	2.10	_____	_____
3.15pm - 4.45pm	3.1	3.2	3.3	3.4	3.5	3.6	3.7	3.8	3.9	3.10	_____	_____

### Friday 28 April

10.30am - 12.00pm	4.1	4.2	4.3	4.4	4.5	4.6	4.7	4.8	4.9	4.10	_____	_____
12.45pm - 2.15pm	5.1	5.2	5.3	5.4	5.5	5.6	5.7	5.8	5.9	5.10	_____	_____
2.30pm - 4.00pm	6.1	6.2	6.3	6.4	6.5	6.6	6.7	6.8	6.9		_____	_____

## ACHPER Membership - \$130.00

ACHPER Membership offers many benefits to individuals, joining and enabling you to work with other dedicated professionals. ACHPER Membership is available for all non-member attendees. If you wish to become a member please complete a Membership form and return to ACHPER (SA). ACHPER does not provide school membership – only individual teachers and other professionals are eligible for membership. For further details regarding membership please call ACHPER National on (08) 8352 3288.

## Conference Celebration / Happy Hour

An informal, networking dinner will follow the Conference on Thursday 27 April from 4.45pm - 7.00pm in the Margaret Ames Centre at Immanuel College. The cost is included in your registration fee and includes food and beverages.

Please tick the box if you would like to attend (this will assist with catering numbers). YES:  NO:

## Morning come and try physical activity session

Prior to the Conference beginning on Friday 28 April from 7.45am - 8:45am at Immanuel College, Sara Pettet from MissFit Movement will take you through a morning exercise session. Mindful Movement combines stretching and strengthening, while concentrating on relaxation and mindfulness. You will finish the session feeling energised, and ready for the day ahead. The cost is included in your registration fee.

Please tick the box if you would like to attend : YES:  NO:

## Payment Details (please submit registration form and an invoice will be sent)

ACHPER (SA) ABN: 56 064 377 067

Please invoice my school or organisation (a tax invoice will be forwarded shortly).

I have enclosed a cheque payment of \$ \_\_\_\_\_

(made payable to ACHPER (SA) please post with registration form to: ACHPER (SA), 4/2-6 Chapel Street, Norwood SA 5067)

EFT transfer: BSB: 805 007, Account: 0070 5630, Reference Number: Please use Invoice Number & Name

I would like to pay by credit card:  Visa  MasterCard

Name on card : \_\_\_\_\_ Expiry date: \_\_\_\_\_ / \_\_\_\_\_

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## Morning come and try physical activity session - Mindful Movement 7.45am - 8.45am

Mindful Movement combines stretching and strengthening, while concentrating on relaxation and mindfulness. It will include various exercises which develop core strength, all the while increasing wellbeing through mindfulness. This morning exercise session will take you through a warm up, followed by a series of yoga flow poses incorporating both strength and flexibility. You will finish the session feeling energised, and ready for the day ahead.

Sara Pettet, MissFit Movement



## Registration/Trade Exhibits - 8.15am - 8.50am

## Keynote Presentations - 8.50am - 10.10am

### **Assessment, equity and quality in the enactment of the AC: HPE**

*Dawn Penney, Professional Research Fellow, Edith Cowan University (Australia)*

In this presentation Dawn will look at the role of assessment in shaping issues of equity and quality in Health and Physical Education and to address the opportunities and challenges that the Australian Curriculum Health and Physical Education (AC: HPE) presents for assessment practices and students' learning opportunities. Dawn will draw on international and national policy frameworks and research to explore principles that can inform the design of assessment tasks and approaches to assessment and feedback that are developed in enacting the AC: HPE, and address implications for program design and pedagogy.

### **(St)healthy education: enacting a strengths-based approach in and to Australian Health Education**

*Dr Louise McCuaig, Senior Lecturer Health and Physical Education, The University of Queensland*

Despite significant reform and public investment, the "health" components of the new AC:HPE are yet to gain sustainable traction in the core curriculum of Australian schooling. Findings from our recent research strongly suggest that limited teacher training and a crowded school curriculum have resulted in the marginalisation of school based health education. As a consequence, schools are turning to external providers whose programs often fail to align with the educative intent of the AC:HPE.

This presentation begins with a critique of the current status of Health Education according to a range of risk and protective factors that determine a subject's accountability and status in the core curriculum. From this perspective Louise provocatively explores the manner in which interventionist thinking represents a pathogenic toxin for a robust AC:HE. Building on this knowledge, Louise will then adopt a salutogenic approach to identify the role that the AC:HPE propositions can play in the provision of (st)healthy education in Australian schools. As such, these strategies will speak specifically to schools' and teachers' demands for 'double dip' curriculum approaches that address education agendas concerning science, literacy and numeracy capabilities.

## Morning Tea - 10.10am - 10.30am

## Session 4 - 10.30am - 12.00pm

### **4.1 (St)healthy education for junior secondary schools (MY, SY, W)**

Building on my keynote presentation, this workshop will first review the range of theoretical perspectives that inform the AC:HPE strengths-based approaches and the reasons why this knowledge is critical for curriculum design. Drawing on this knowledge, participants will explore a range of contemporary Australian youth "health issues" and the ways in which such health issues can be re-imagined and re-oriented to reflect a strengths-based approach to health education in junior secondary school settings.

*Louise McCuaig, The University of Queensland*

# Conference Program - Friday 28 April

## **4.2 From principles to practice: Using assessment to advance equity and quality in the AC: HPE (primary) (EY, PY, MY)**

Building on Dawn's keynote presentation, this workshop will explore the practical application of the principles introduced for primary teachers' own assessment practices. Collaborative tasks will explore assessment issues in relation to programs and specific tasks.

*Dawn Penney, Edith Cowan University*

## **4.3 Being a Leader in your School (PY, MY, SY, SC, C)**

In this session we examine some of the key ingredients of high level leaders from other industries and discuss how you can begin to embed them in your leadership roles. The session will provide innovative ideas for aspiring leaders and examples of tried and tested approaches to improve your leadership style.

*Ash Dashlooty, ACHPER WA*

## **4.4 Utilising Tech in PE- Adobe Jam- Making Award Winning PhysEd Posters (EY, PY, MY, SY, SC, C)**

Say goodbye to boring posters to promote a message and say hello to Award Winning High Quality posters that not only catch the eye of a passerby but also sells your message to your school community. Learn how to use Adobe Apps as well as QR codes to turn your posters into a flipped learning leverage for continued learning. (Apps to download: Adobe Post, Adobe Sketch)

*Andy Hair, University of Canberra*

## **4.5 Valuing movement – re-visiting Arnold's philosophy in Australian Curriculum and Senior Physical Education (MY, SY)**

Within teaching and learning in the AC: HPE and Physical Education in the senior years, movement and physical activity can become the medium and context for learning. This has been described by Arnold (1985) as learning in, about and through movement. Valuing movement in the Australian Curriculum (ACARA, 2014) is one of the key ideas that underpin teaching and learning. This workshop will explore how Arnold's philosophy provides opportunities for teachers to develop ideas and investigate different ways of integrating learning experiences using movement as the medium and context for learning.

*Glen Amezdroz, Queensland Curriculum & Assessment Authority (QCAA)*

## **4.6 Games to teach soccer-football tactics and strategy (PY, MY, SC)**

This session will explore a number of small sided games and game forms to teach soccer/football using a game-based approach. The session will be targeted at Years 6-8 AC:HPE Achievement standards whereby students 1. demonstrate they can perform (Year 6) and then perform with coordination and control (Year 8) specialised movement skills and 2. perform movement sequences that combine (Year 6) and then apply (Year 8) movement concepts and strategies to achieve movement outcomes and solve movement challenges. *Practical*

*Shane Pill, Flinders University*

## **4.7 Low-Organisational Games (EY, PY, C)**

Simple hands on effective and tested activities to engage and challenge your students thinking and get their blood pumping. Fantastic activities to include in your quality PE program. A great opportunity to build your knowledge and minor games repertoire. *Practical*

*Des Deuter, Mawson Lakes Primary School*





## **4.8 Teaching Badminton in High Schools (MY, SY)**

An in depth look at all of the shots we use in Badminton and how to teach them with the proper technique. We will also learn how to do this in a fun practical way. *Practical*

*Chris Thirlwell, Southern Sports*

## **4.9 Positive Education in Action (MY, SY, W)**

Are you on your own journey to increasing student wellbeing in your site? Are you concerned about the mental health issues facing Middle School students? We are too at Blackwood High School. Please come along and hear how we have trialled and rigorously evaluated our Year 9 Positive Education Program.

*Lee Knight & Amber Halliday, Blackwood High School & University of Adelaide*

## **4.10 Teaching a Quality Sport Education Program in the Primary & Middle Years (PY, MY, SC)**

This session will support those interested in the Sport Education model in the development and implementation of a quality program for students in the Middle Years. This session will also include a practical component which will demonstrate how to incorporate elements of the Game-Based approach, with a focus on questioning methods to empower students by re-positioning the role of the teacher. *Practical*

*Danny Robinson & Scott Hughes, Victor Harbor R-7 & Catherine McAuley School*

Lunch 12.00pm - 12.45pm

## **Session 5 - 12.45pm - 2.15pm**

### **5.1 From principles to practice: Using assessment to advance equity and quality in the AC: HPE (Secondary) (MY, SY)**

Building on Dawn's keynote presentation, this workshop will explore the practical application of the principles introduced for secondary teachers' own assessment practices. Collaborative tasks will explore assessment issues in relation to programs and specific tasks.

*Dawn Penney, Edith Cowan University*

### **5.2 (St)healthy education for primary schools (EY, PY, MY, W)**

Building on Louise's keynote presentation, this workshop will first review the range of theoretical perspectives that inform the AC:HPE strengths-based approaches and the reasons why this knowledge is critical for curriculum design. Drawing on this knowledge, participants will explore a range of contemporary Australian youth "health issues" and the ways in which such health issues can be re-imagined and re-oriented to reflect a strengths-based approach to health education in primary school settings.

*Louise McCuaig, The University of Queensland*

### **5.3 Game Sense (EY, PY, MY, SY, SC, C)**

Many students and their teachers report that a Game Sense approach to the teaching of PE provides for engaging, coherently complex and student centred learning. This session will explore a range of aspects of learning design and assessment including the structuring and ordering of strategic concepts in game play, movement coupling, key elements of lesson structures and assessment of game performance. *Practical*

*Rick Baldock, ACHPER (SA)*



## Conference Program - Friday 28 April

### 5.4 Developing a High Performance Culture in Sport and Education (EY, PY, MY, SY, SC)

Developed with Darren Lehmann (Current Australian Cricket Coach), this workshop gives an opportunity for leaders and aspiring leaders in sport and education to expand their knowledge, understanding and implementation of current High Performance leadership strategies. The session will explore research based, best practices in creating a sustainable future, with well-being as a key systemic condition. If you are also looking to increase your experiences and work with a team of professionals developing skills of PE/Well-being teachers internationally, then this session may also be of interest to you. *Commercial*

*Sean Watt & Jeff Vaughan, SportnEd*

### 5.5 Politics, Persuasion and Physical Education: Change and Innovation in Your School (EY, PY, MY, SY)

No doubt there are things in your school that you would like to change, especially when it comes to HPE and school sport. Maybe you'd like to introduce a new unit into the program, or a new subject into the curriculum. Perhaps what you really need is another teacher or two in your department. And I'm sure you wouldn't mind a larger slice of the timetable either while we're at it. In this interactive workshop, we will discuss the politics of pursuing changes and innovations like these. In particular, we'll talk about strategies and tactics for giving your grand plans the best possible chance of success. Because good ideas don't speak for themselves. They always require a savvy spokesperson who can read and negotiate the lay of the land.

*Ben Williams, Griffith University/ ACHPER Queensland*

### 5.6 Spikeball Through the Ages- An innovative inclusive game (PY, MY, SY, SC, C)

Spikeball is one of the fastest growing sports in the world. It is an exciting 360° 2 vs. 2 game that can be played anywhere and anytime. Andy Hair will share ways this sport connects with your curriculum from Fundamental Motor Skills programs in Prep, Game Sense Programs in Grades 3-6 to the Sport Ed units in Grades 7-9. Pack your camera, your headband and be ready to play! *Practical*

*Andy Hair, University of Canberra*

### 5.7 Creating engaging opportunities for social and personal development in HPE curriculum, Session 1 of 2 (PY, MY, SY)

This session will demonstrate integration across the key strands in the Australian Curriculum HPE to facilitate learning in personal and social development. Participants will consider the complexity of planning to identify, map and describe student learning prior to engaging in challenge activities & sports. The session will bring together theory with practice and emphasise the importance of feedback and the reflective cycle in transforming social and personal capabilities. Session 1 of 2-delegates also need to register for the second workshop at this conference at session 6.7.

*Wendy Piltz & Scott Adams, University of South Australia*

### 5.8 Early Years Morning Fitness Activities (EY, C)

Take the stress out of early years sports day. Learn how to design your JP morning fitness activities in order to make your sports day run more smoothly for these classes. Refresh your daily programs to enhance student improvement and guarantee positive feedback from parents and classroom teachers at Sports Day. *Practical*

*Des Deuter, Mawson Lakes PS*

### 5.9 Teaching Stage 2 Physical Education (SY)

An interactive session that looks to focus on folio task design at Stage 2. We will explore the parameters of the subject outline that determine the design of tasks in this element. Special focus will be spent in relation to the critical analysis and evaluation facet. Further focus will be devoted to test and exam preparation, task design and response writing skills. Be prepared to share ideas and experiences especially in relation to the inclusion of technology.

*Glen Urbani, Rostrevor College*





## **5.10 Backyard League – Creating independent players of Rugby League using a Game Sense Approach (PY, MY, SC)**

This session will demonstrate through practical activities how to introduce Rugby League and other sports that rely on passing the ball backwards to students with little or no knowledge. We will look at the strategic development of the game through invasion game principles, then utilising a Game Sense approach the students will become independent players of the game determining rules, organising their own games and officiating – all within the framework of Rugby League. This program is currently proving extremely successful at schools. *Practical*

*Dave Cohen, National Rugby League*

Afternoon Tea - 2.15pm - 2.30pm

## **Session 6 - 2.30pm - 4.00pm**

### **6.1 Developing Specialised Movement Skills Workshop (Theory & Practical) (MY, SC)**

This session for teachers of year 9 and 10 students will focus on how the roles of play and practice in developing mastery of specialised movement skills, shaping a game through the manipulation of constraints and exploring contemporary approaches to skill learning. The session will be based on the ACHPER (SA) -Shane Pill resource “Learning In, Through and About Movement for Secondary PE”. *Practical*

*Rick Baldock, ACHPER (SA)*

### **6.2 Great teachers take care of the “Golden Goose” (PY, MY, SY, SC, W)**

We all know that as teachers you are responsible for shaping and caring for our next generation. Who takes care of you? In this interactive, fun filled session we examine the key aspects that good teachers do to ensure they are best positioned to perform at the highest level year after year. Take the opportunity to have a check up and make sure you are on the right path. Are you doing what leading teachers are doing? See how you compare to high performers in other fields.

*Ash Dashlooty, ACHPER WA*

### **6.3 101 Different Tag games (EY, PY, MY, C)**

We all know them and play them but do we know how to change them or adapt them and modify them? How do we turn them into games that teach a purpose? Come along and learn some old games with a twist and some new ones as well. Designed for beginning teachers and participants who want to explore some new ideas. We will investigate simple games for Early years through to the ridiculous year 6/7 ones. Come dressed and prepared to run! *Practical*

*Anthony Worden, Plympton Primary School*

### **6.4 Discovery Phase soccer games (EY, PY, SC, C)**

FUN games from the FFA curriculum ‘Discovery Phase’. Suitable for Junior Primary students but can also be used in Primary years. Students will learn the four core skills without even realising. *Practical*

*Adrian Gatto, Simply Football*

### **6.5 Freestyle Gymnastics – ‘FreeG’ the latest craze! (PY, MY, SY, C)**

FreeG caters for young people looking to participate in adrenaline fuelled freestyle sports. It will get their heart racing and develop a heightened sense of spatial awareness that can be put to use in a variety of other sports (skating, biking, skiing, climbing, and surfing). This workshop discusses the rise of the FreeG movement internationally and in Australia and how PE teachers can engage students in the coolest version of gymnastics using minimal equipment. *Practical*

*Chelsea Wilkinson & Brenton Dicker, Gymnsatics SA*

## Conference Program - Friday 28 April

### 6.6 The Vision Challenge: Experience firsthand how sports can be modified for the vision impaired (EY, PY, MY, SY, SC)

This workshop will enable the participants to gain a better understanding of the challenges experienced by the vision impaired when playing blind cricket, goalball or participating in athletic activities. This active session will encourage participants to wear simulation glasses or blindfolds throughout the session. The aim will be to walk away with some new ideas of how to adapt different sports for the vision impaired and have a contact point for any future enquiries.  
*Practical*

*Kent Dredge, Blind Sports SA*

### 6.7 Creating engaging opportunities for social and personal development in HPE curriculum, Session 2 of 2 (PY, MY, SY)

The second workshop as part of this double session will further demonstrate integration across the key strands in the Australian Curriculum HPE to facilitate learning in personal and social development. Participants will consider the complexity of planning to identify, map and describe student learning prior to engaging in challenge activities & sports. The session will bring together theory with practice and emphasise the importance of feedback and the reflective cycle in transforming social and personal capabilities. Session 2 of 2-delegates also need to register for the first workshop offering at session 5.7.

*Wendy Piltz & Scott Adams, University of South Australia*

### 6.8 Hockey for your School (PY, MY, SC)

This session will outline the sport of Hockey and offer a range of teaching and coaching skills needed for game play. The practical session will also offer a range of minor games and combat activities. *Practical*

*Brodie Gleeson, Hockey SA*

### 6.9 Gaelic Football (PY, MY, SY)

Want to know what Gaelic football is all about? What a non contact alternative to Australian Football? Want to introduce your students to a new sport that they can use to develop skills from other sports? Then this session is for you. *Practical*

*Tammy Scott & Rachel Staffin, GFHASA*



We want to see what you get up to during the ACHPER South Australian Health & Physical Education Conference.

Don't forget to post your photos and videos using the

**#ACHPERSA17** hashtag



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Program and Trade Exhibitors current as at 20 April 2017

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