

Learning In, Through and About Movement in Secondary Physical Education

A practical resource to support strengths based and inquiry perspectives into Australian Curriculum: Health and Physical Education and Middle Years (Years 9-10) International Baccalaureate Physical Education

Written by Shane Pill.

The resource is mapped to the achievement standards of the Australian Curriculum HPE Movement and Participation Strand for year 9 and 10. The format is designed to be adapted by the teacher into the timetable of the School and in class and homework expectations.

This resource sets out to show what a strengths based and inquiry focused physical education program designed to encompass education in, through and about movement looks like. Educators will appreciate how each of the sections of this resource are explicitly mapped to the achievement standards of the Australian Curriculum HPE. The resource provides excellent support for the Middle Years IB Physical Education Curriculum to enable learning both in theory topics and practical activities to meet assessment criteria.

"The depth and breadth of information and activities supports students in promoting and understanding life-long physical activity and underpins the knowledge and concepts required at senior school levels of study. The incorporation of innovative and interactive technology into tasks further enhances learning in line with contemporary trends and enables students to apply concepts and provide evidence gained from practical experiences."

Jac Stirrat. NTCET Consultant Health & Physical Education. Senior Years Curriculum. Northern Territory Department of Education

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