

**ATTN: Health & PE/ Sport Teachers/
Coordinators and Classroom Teachers**

ACHPER (SA) & SACPSSA presents

**South Australian Health & Physical Education
PRIMARY YEARS CONFERENCE
PROGRAM**

**Monday 26th September 2011
(Week 10 Term 3)**

9am - 4pm

The Australian Science & Maths School and
Flinders University (Sturt Campus Gym)

This conference will offer multiple practical strategies and tips to help you to effectively engage your students in Physical Education. Join in for lots of ideas for lessons!

Sessions Include:

Get Skilled...Get Active, Assessing FMS

Athletics Play

Action Based Learning - "Brain Energisers"

Re-energising Sports Day in your Primary School

Racket and Net Sports: Ideas for R-7 Lessons

AND MORE!

For further information or to register, please contact the ACHPER (SA)
office on: Tel: 8363 5700 or email emily@achpersa.com.au
or via the website: www.achpersa.com.au



ACHPER (SA) & SACPSA Primary Years Conference Program

Monday, 26th September 2011

REGISTRATIONS (8.30am - 9am)

KEYNOTE - (9.00am - 9.45am)

Beyond the School Fence: Re-Connecting Physical Education to Meaningful Movement, Play and Sport

Justen will offer a critique about the individualised nature of traditional Health & PE, with its focus on subordinate skills, tactics and motivations. He will explore how we as teachers and how students as actors might broaden this view to consider the range of factors that influence participation in sport and physical activity beyond the individual as autonomous decision maker. Using an ecological framework, Justen outlines how school students can take responsibility for developing active spaces in their own communities that impact physical activity beyond the school fence and into the students lived experience. We welcome Justen to South Australia, and look forward to his thoughts, ideas and challenges.

Presenter: Dr Justen O'Connor, Monash University, Victoria



KEY: EY = Early Years
PY = Primary Years
MY = Middle Years

MORNING TEA 9:45am - 10.15am

SESSION 1 10.15am - 11.15am (Choose one of the following four sessions)

1.1 Action Based Learning - "Brain Energisers" (EY, PY, MY)

Movement, Physical Activity and Exercise prepare the brain for learning and boosts brain function. This workshop focusing on Jean Blaydes Madigan's ideas which includes practical brain energisers and activities which can be used across the curriculum.

Presenter: Cheryl Peat, ACHPER (SA)

1.2 Getting Physical Education, Healthy Eating and Sedentary Behaviours on your School's Agenda (EY, PY, MY)

See how teachers just like you are bringing about real and lasting change to Physical Education and Healthy Eating programs at their schools. This session will provide valuable tools that work - from Daily Physical Activity to Student Action Teams - all from local South Australian schools.

Presenter: Rick Baldock, ACHPER (SA)

1.3 Get Skilled...Get Active, Assessing FMS (EY, PY)

FMS's have been identified as enabling competence and confidence to be active. How do you know if students have developed coordination and control of FMS, and by what stage of PE Learning should they be demonstrated? This workshop will look at how to evaluate and assess FMS so you can provide both meaningful movement feedback to individual students and assessment of competency. Achievement of standard 1 and 2 H&PE outcomes will be a focus and resources for FMS teaching will be shared. Dress to be active. *Practical*

Presenter: Toby Priest, St. Thomas' School/Flinders University

1.4 Athletics Play (EY)

Athletics Play is a program specifically designed for Primary School aged children and introduces them to the skill of running, jumping and throwing, through innovative play and games based activities. Athletics Play is a new and exciting way to teach children the skills to be active and introduce them to the sport of athletics. *Practical*

Presenter: Jill Taylor, Athletics Australia

SESSION 2 11.20am - 12.20pm (Choose one of the following four sessions)

2.1 The Hidden Ingredients of Healthy Eating (EY, PY, MY)

A workshop focusing on including healthy eating in the curriculum. It will cover label reading, resources and practical ideas for lessons.

Presenter: Cheryl Peat, ACHPER (SA)

2.2 Even More Ideas for Games... (EY, MY, PY)

Join in on some fun and easy physical activity ideas for your whole class. This fitness session will ensure easy set up, using minimal equipment and will guarantee maximum participation to get those kids moving! *Practical*

Presenter: Kirsty Crouch, Fulham North Primary School

2.3 Teaching Game Appreciation of Net/Court Sports When You Have No Courts and Minimal Equipment (PY)

This workshop will include games and instructional ideas to develop game appreciation of net/court sports using a 'games sense' approach. It will target achievement of Standard 2 and 3 years (Years 3-6) Outcomes. No net/court sport experience necessary. Dress to be active. *Practical*

Presenter: Shane Pill, Flinders University

2.4 Introducing the Fundamental Skills of Track and Field Events (PY, MY)

How to introduce the fundamental skills of track and field in a way that is engaging, fun, inclusive and safe for all participants. *Practical*

Presenter: Jill Taylor, Athletics Australia

LUNCH 12.20pm - 1pm

SESSION 3 1.05pm - 2.05pm (Choose one of the following four sessions)

3.1 Using ICT's to Enhance Learning in Physical Education (MY)

This workshop will 'show and tell' cloud technologies and digital technologies that can be used to support learning about and to move in physical education. If you have a laptop and wireless internet, bring it along so you can 'dial up' and play with the sites as we go along.

Presenter: Shane Pill, Flinders University

3.2 What Next for Sports Days at your School?

What's the real purpose of Sports Days in Primary Schools and how do we make them relevant to the children, teachers and parents in your school? Is Sports Day at your school getting a bit tired and not enthusing parents and students? Then this workshop is for you. During this workshop you'll have the chance to review 7 Primary School's Sports Day programs and supporting documents. Begin planning your next Sports Day with the support of your colleagues.

Presenter: Rick Baldock, ACHPER (SA)

3.3 Footsteps Integrated Cross Curriculum (Commercial) (PY, MY)

Come and learn how you can use dance as a starting point to educate across other subject areas. Learn how to make your Footsteps Program more sustainable and increase your dance capabilities. *Practical*

Presenter: Stephen Evans, Footsteps Dance

3.4 Practical Skill Teaching Approaches for Games and Physical Activity Lessons (EY, PY, MY)

A practical session which takes focused teaching and learning of introductory skill components and transitioning these into application of the skill(s) within sports, games and physical activities. A great approach to engage all students within games and allowing for various levels of skill ability. *Practical*

Presenter: Travis Henderson, Saint David's Parish School

SESSION 4 2.10pm - 3.10pm (Choose one of the following four sessions)

4.1 Respectful Relationships and Sexual Health (PY)

The how, why and what of talking sexual health in primary schools. Having the knowledge, skills and confidence to run a comprehensive age and culturally appropriate relationships and sexual health program.

Presenters: Jill Spurling, Shine SA Focus School, Robyn Whan, Close the Gap Program

4.2 Whole Class Dance Movement Ideas (EY, MY, PY)

Come and learn some fun and easy activities to do with your whole class. This session will ensure you will go away with some fantastic movement ideas, social dance ideas and health hustle ideas. *Practical*

Presenter: Kirsty Crouch, Fulham North Primary School

4.3 Developing Skilful Netball players through Play Practice (PY, MY)

The practical session will feature a progression of engaging challenges and games that are shaped and focused for inclusive and success orientated participation and learning in Netball.

The session will highlight key features of quality pedagogy associated with Play Practice and build confidence in planning and progressing learning. *Practical*

Presenter: Wendy Piltz, University of South Australia

4.4 Racket and Net Sports: Ideas for R-7 Lessons (EY, PY, MY)

Learn 101 racket and ball activities and drills suitable for R-7 classes, with or without a net or a tennis court. Activities develop catching, hitting and tracking skills in a fun, engaging way. *Practical*

Presenter: Mark Bowman, St Francis Primary School, Lockleys

3.15pm - 3.30pm FUTURE DIRECTIONS, CHALLENGES & OPPORTUNITIES

3.30pm - 4.00pm HAPPY HOUR/ AFTERNOON TEA!



PLEASE NOTE: Registrations cannot be processed unless accompanied by the selection of preferred workshops (1st & 2nd preferences). Please complete this form and fax to 8362 9800 or book online at www.achpersa.com.au and follow the links to the Primary Years Conference. Payment is required before the day, however it will be accepted on the day - cash or cheque only.

CANCELLATION POLICY: Cancellations must be in writing and sent to ACHPER (SA). Cancellations received before Monday, 19th September 2011 will receive a refund of 50%. No refund will be made for cancellations after Monday, 19th September 2011.

PERSONAL DETAILS: (Please fax this registration form through ASAP to ensure booking OR register online at www.achpersa.com.au and follow the links to the Primary Years Conference).

Name: _____ School/Organisation _____

**Email (for confirmation): _____

Phone: _____ Mobile _____ ACHPER Member # _____

FEES: Please Circle

| | |
|--|-------------------------------------|
| ACHPER Member attending a morning OR an afternoon session | \$50 (excluding lunch) |
| ACHPER Member attending the full day | \$80 |
| ACHPER Non member attending a morning OR and afternoon session | \$70 (excluding lunch) |
| ACHPER Non member attending the full day | \$120 |
| Sign me up for a SPECIAL ACHPER MEMBERSHIP OFFER** | \$160 (full day registrations only) |
| Student Member | \$25 |
| Student Non member | \$45 |
| Sign me up for a SPECIAL STUDENT ACHPER MEMBERSHIP OFFER** | \$70 |

** (Includes registration fee for the conference & a 12 mth ACHPER membership - for Full or Graduate membership only)
Catholic educators registration is supported by SACPSSA and is free of charge.

Please Note: Morning tea and lunch will be provided if attending full day. Final confirmation will be sent via email no later than Wednesday 21st September 2011.

ACHPER Membership \$120.00 (full), \$45 (students)

Please note: To become an ACHPER member simply complete a membership form and enclose a cheque inclusive of the \$120.00 or \$45.00. ACHPER offers substantial discounts on resources and workshops, and many other benefits for teachers of Health and Physical Education. Why not get your school to cover your ACHPER membership? ACHPER offers competitive student and graduate membership categories. For further details please call 8363 5700.

****ACHPER membership is tax deductible****

Note* ACHPER does not have school memberships. Only individual teachers and other relevant professionals are eligible for membership.

Sessions: Registration will not be accepted if choices are not made. Please note sessions are subject to change due to the cancellation of presenters or insufficient session numbers. In the space provided please write your first and second preference for each session. When choosing sessions please take note of which sessions contain a practical component and require sporting attire.

Please indicate both a 1st and 2nd preference by writing the session number below - Every effort will be made to give delegates their first choice in all sessions. Please note some sessions have a minimum and maximum number so delegates who book early will receive priority.

| | | | | | 1st | 2nd |
|-------------------|-----|-----|-----|-----|-------|-------|
| SESSION 1 | | | | | | |
| 10.15am - 11.15am | 1.1 | 1.2 | 1.3 | 1.4 | _____ | _____ |
| SESSION 2 | | | | | | |
| 11.20am - 12.20pm | 2.1 | 2.2 | 2.3 | 2.4 | _____ | _____ |
| SESSION 3 | | | | | | |
| 1.05pm - 2.05pm | 3.1 | 3.2 | 3.3 | 3.4 | _____ | _____ |
| SESSION 4 | | | | | | |
| 2.10pm - 3.10pm | 4.1 | 4.2 | 4.3 | 4.4 | _____ | _____ |

TO REGISTER: 2 Options:

1. Book online at www.achpersa.com.au and follow the links to the Primary Years Conference
2. Fax registration form ASAP to: 8362 9800 or post to: ACHPER (SA), 105 King William St, Kent Town, SA, 5067

REGISTRATIONS CLOSE ON Wednesday 21st September 2011 - Late Registrations will be accepted.