



# Fun Home Ideas for Families

## Equipment ideas for Children to use at home:

- Domes for markers
- Skittles
- Hoops
- Spikey balls
- Frisbees
- Elastic
- Cricket sets
- Big chalk for cement, driveway markings
- Ten-pin/lawn bowl sets
- Quoits
- Table tennis
- Plastic golf set
- Balloons
- Air flow balls
- Balls of various sizes
- Netball or basketball ring
- Ropes
- Badminton sets

## Alternative Equipment:

### Markers:

- Ice cream containers
- Plastic soft drink bottles filled with water or sand
- Ends of plumbers plastic pipes

### Balls:

- Crush paper and bind it with masking tape
- Roll old socks together filled with scrap material
- Fill a stocking with a ball and tie to a post to hit
- Tie rice or sand into a bag or sew into material to make easy bean bags

### Bats:

- Roll up newspaper and secure with masking tape
- Use cardboard tubes from lunch wrap or alfoil or tubes from material shops
- Chop up pool noodles

## More ideas...

### Play dress ups

Collect funny hats, gloves, purses, flowing gowns, 'super hero' capes from garage sales or thrift shops.

### Build a fort or cubby house

Drape old sheets over low tree branches, clothes horse, chairs, tables, climb over, under, step around, walk in and out etc.

### Bike rally around your local neighbourhood

Ride around your neighbourhood looking for clues that you set for them to find.

### Go for a hike

Trek through a national park or botanic gardens, look for animals, insects, birds, flowers

### Obstacle courses - Outdoor

Build a backyard obstacle course with hoops, ropes, hoses, sticks, chairs, sacks, tyres, boxes. Time how long it takes to complete the course.

### Obstacle Course – Indoor

Use chairs, pile of cushions, masking tape lines, towels, boxes, throw rolled up socks into a basket.

### Go fly a kite

Go to the beach or local park and take your kite for a fly. A simple kite can be made using a paper plate.

