



The Best Things About ...



Physical Education Week

These comments were received by teachers who participated in the 2010 *be active* Physical Education Week!

- Reminding staff, students and families about the goodness of being active - *Alberton Primary School*
- It's a time when kids can experience some real fun in activities that interest them, while learning about the benefits of being healthy and active. Also a chance for staff to get away from the computer! - *Clare High School*
- Raises awareness for student health and well-being and creates a sense of community spirit within the school - *Gepps Cross Girls High School*
- Engagement and enthusiasm - majority of our students love PE/fitness - *Hahndorf Primary*
- It gives the children a number of chances to be involved in many different activities.

The week highlights the importance of Health and PE.

It also gives the staff opportunities to see what can be done within their classroom for PE - *Kingscote Campus*

- Students and families can have a stronger emphasis on being active pursuing a healthy lifestyle - *Loveday Primary*
- Involving everyone in the school and being involved in the community - *Memorial Oval Primary School*



- Involving normally non active students in events. A celebration of being physical - *Willunga High*
- Recognition of the importance of physical activity and health - *Our Lady of the Visitation*
- Giving the students and staff a chance to be active in a fun environment - *Para Hills High*
- Great to have a whole school focus on physical fitness - *Prescott Primary Southern*

The Best Things About ...



Physical Education Week



- It highlights the need for physical exercise and choosing a healthy lifestyle
- *Saint Augustine's*
- Encourages physical activity and fun!
- *Renmark Junior Primary School*
- The chance to highlight the importance of good health and being active
- *Unity College*
- It gives schools an opportunity to solely focus on being active and really highlight

the many different things we can do to be active. It demonstrates the variety of fun ways that children can be more active - *Samaritan College, OLHC Campus*

- Joining together as a community to celebrate and enjoy being active - *St Joseph's Memorial School*
- All children have the opportunity to participate in both active and challenging experiences at school
- *St Joseph's School*
- Those who may usually be inactive are encouraged to be active with their peers - *St Pauls College*
- It allows all children to recognise the importance of living an active and healthy lifestyle, for their current and future health and wellbeing! - *St. Catherine's*
- Giving children many opportunities to be active and watching them have so much fun participating in the activities. Recognising that PE is an important part of the curriculum and giving it the focus it deserves!!
- *Tanunda Lutheran School*
- Students being exposed to a range of activities they may not otherwise experience - *Woodcroft College*

