



The Australian Council for Health, Physical Education & Recreation
(SA Branch) Incorporated



ACHPERTISER:

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December—Christmas Edition 2009

From the ACHPER (SA) Office – Merry Christmas

ACHPER (SA) Office

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Merry Christmas from the Staff and Board of ACHPER (SA)

The ACHPER (SA) Staff and Board would like to wish ACHPER members, partners and supporters of ACHPER all the best for the festive season. Thank you for your support of 2009 ACHPER professional activities- It has been a very professionally rewarding year for ACHPER (SA). We hope you have a well deserved break, and enjoy time with friends and family.

We look forward to your support in 2010. Please note the ACHPER (SA) Office will be closed from Friday December 18 to Wednesday January 13, 2010. Merry Christmas.

Please visit the link below to view our 'e' Christmas card we have developed our own active and healthy Christmas message. Please wait for it to load itself (takes a few seconds)-do not click on the download button as this leads to a payment request!

<http://elfyourself.jibjab.com/view/nXgfr4oMv7j5R5GsYe1R>

Thanks again and we look forward to the ongoing partnership in 2010 .

The ACHPER (SA) team – Matt Schmidt, Rick Baldock, Kirsty Crouch, Stacey Johnston and Shelley Young

Position Vacant– ACHPER (SA) *eat well be active* Project Officer-part time

The *eat well be active* -Primary Schools Project is a joint SA Health and Department of Education and Children's Services initiative that aims to build the capacity of schools to provide supportive environments for healthy eating and physical activity.

ACHPER (SA) requires a part time Project Officer to assist other ACHPER Project Staff with the development and maintenance of policies and practices that support physical activity and healthy eating in local primary school communities.

The project requires the services of a highly skilled HPE educator with recent experience working with primary schools, as well as a background in healthy eating and physical activity initiatives. The ACHPER (SA) *eat well be active* Project Officer will assist in Project coordination and deliverables by working with school communities (staff,

parents and students) to implement the Project that will:

- foster local school community partnerships that support increases in participation and healthy eating,
- develop teachers' professional learning skills and confidence to incorporate evidence based health promotion as part of teaching practice.
- develop and deliver a range of curriculum activities that will support students' understanding and action competencies in relation to healthy eating and physical activity.

A twelve month part time contract in 2010 is offered in the first instance, from the end of January 2010, with a possible six month extension available to June 2011 subject to a successful performance review, which includes demonstration of the achievement of key project deliverables and the availability of project funding. The part time contract will be based on two-three days (negotiable) per week. The role will feature flexible working conditions-with some travel and out of hours work to achieve project outcomes. The position will be based on DECS Teacher salary step 8, with a possible DECS secondment available.

Previous applicants for the ACHPER (SA) *eat well be active* Project Officer Position are not required to reapply.

Please refer to the ACHPER website for the Position Description and further information. Applications close January 20, 2010 www.achpersa.com.au

Thought for the Day

Stay motivated being active by:

- Varying your activities
- Setting realistic goals that you can work towards
- Reward yourself when you achieve your goals
- Involving a friend or your family

Take every opportunity to be active!

Find out more – [visit beactive.com.au](http://visitbeactive.com.au)

Supporters

ACHPER appreciates the ongoing support of partner organisations including:



Government of South Australia



'Promoting Active and Healthy Living'